

Webinar



## Nausea and vomiting in pregnancy and hyperemesis gravidarum

Webinar 22 Aug, 7:30 PM - 8:30 PM (AEST)

The webinar series will help you to understand more about hyperemesis gravidarum (HG), a severe form of nausea and vomiting in pregnancy (NVP), how to assess NVP symptom severity and how to plan and implement best practice holistic care.

The series will explore:

- assessing the symptom severity of nausea and vomiting in pregnant women, including HG
- planning and managing holistic woman-centred care for women experiencing mild/moderate/severe NVP and HG
- evidence-based prescribing for women experiencing HG
- empathic and appropriate communication with women about NVP and HG and their medication use during pregnancy.

Members login for free access

About RACGP online events

### Details

Type: Webinar  
22 Aug, 7:30 PM - 8:30 PM (AEST)

### Contact

For more information:  
Email: [NSW&ACT.Faculty@racgp.org.au](mailto:NSW&ACT.Faculty@racgp.org.au)  
Call: [02 9886 4700](tel:0298864700)

### Price

RACGP Members: Free  
Non-Members: Free

**FREE REGISTRATION**

### Learning outcomes

1. Discuss nausea and vomiting in pregnancy (NVP) and hyperemesis gravidarum (HG)
2. Summarise the emotional, physical, psychological, psychosocial and socioeconomic impacts of NVP, including HG
3. Describe how to use the validated scoring system for classifying symptom severity for nausea and vomiting in pregnancy, including HG
4. Outline best practice principles for assessment and management of NVP, including HG
5. Outline prescribing consideration for pregnant women with NVP, including HG



### Presenters



**A/Prof Sandra Lowe**  
Consultant Obstetric Physician, Royal Hospital for Women and Prince of Wales Private Hospital

A/Prof Lowe is a Consultant Obstetric Physician at the Royal Hospital for Women and Prince of Wales Private Hospital and Clinical Associate Professor at the University of NSW. A/Prof Lowe speaks regularly at National and International conferences of Obstetric Medicine and she has a long-standing interest in teaching obstetric medicine.



**Elizabeth Heiner**  
Teratology Information Counsellor, MotherSafe, Royal Hospital for Women

Elizabeth is a registered pharmacist with career experience across community pharmacy, poisons and drug information, and clinical pharmacy practice. She currently works at both the Children's Hospital at Westmead, and MotherSafe at the Royal Hospital for Women in Randwick. Through her role as a MotherSafe teratology counsellor, Elizabeth has gained over 15 years of experience supporting expectant and breastfeeding mothers, as well as healthcare professionals, by providing evidence-based advice about rational medication use during pregnancy and lactation.



**Dr Rachel James**  
Rural Director of Training, NSW Rural Generalist Training Program, Health Education and Training Institute (HETI), GP Obstetrician

Dr James completed her Science degree at UWA and moved to Flinders university medical school where she completed many rural rotations in her training leading to her passion for rural health. She further went on to complete the DRANZCOG and the DRANZCOG (advanced). And in 2020 she Felloved with ACRRM as a rural generalist. Dr James is now a RG obstetrician with a special interest in community paediatrics and contributes to the PHN pilot program of enhancing paediatrics in primary care.