### YOU'RE INVITED

# MASTERCLASS SERIES 2023



## **JOIN US**



Tuesdays Sept 5 to Nov 7 for ONLINE SESSIONS: 7pm-8.30pm



SAVE THE DATE:
Saturday Oct 21 for FACE-TO-FACE
SESSIONS at PARKROYAL Parramatta
30 Phillip Street: 9.30am-4pm

Registration from 8.30am

These Masterclasses are facilitated by the Western Sydney Diabetes faculty and partners for community healthcare providers, including:

- General Practitioners
- Practice Nurses
- Community Nurses
- Diabetes Educators
- Dietitians
- Podiatrists
- Exercise Physiologists
- Care Facilitators
- Optometrists
- Psychologists
- Pharmacists
- Health Coaches

Register now as you won't want to miss out and share this with your colleagues. To register, please visit <a href="https://rego.interact.technology/wsdmasterclass2023/">https://rego.interact.technology/wsdmasterclass2023/</a> For inquiries please email <a href="https://wsb.interact.technology/wsdmasterclass2023/">WSLHD-WSDiabetes@health.nsw.gov.au</a>

www.westernsydneydiabetes.com.au

Thank you to our 2023 partners













- South Western Sydney LHD
- Nepean Blue Mountains LHD
- Hunter New England LHD
- ACI Agency for Clinical Innovation











# MASTERCLASS SERIES 2023

#### **ONLINE SESSIONS**

Tuesdays Sept 5 To Nov 7 2023 7pm-8.30pm

#### SEPT 5

#### **Keeping up to date with Diabetes Medications**

What's new and what's coming? How to use insulin? What are the guidelines and what will PBS subsidise now?

#### **SEPT 12**

#### **How to help Your Patients Prevent Diabetes**

Why exercise in nature? How do I eat healthily on a budget during inflation? What exercise can I recommend? How can losing weight prevent diabetes?

#### **SEPT 19**

#### **Diabetes: It's Complicated**

How are sexual dysfunctions, renal disease, cardiometabolic and Gastroparesis related to diabetes and what can be done about these?

PLEASE NOTE NO MASTERCLASS ON SEPT 24 OR OCT 3 FOR SCHOOL HOLIDAYS

#### **OCT 10**

# **Keeping up to date with Gestational Diabetes**

What is new about the diagnosis and what can be done differently?

#### **OCT 17**

#### **Tackling Diabetes Town by Town**

How can GP Case Conferences improve quality outcomes? How do you hold town hall meetings about diabetes in country towns?

PLEASE NOTE NO MASTERCLASS ON OCT 24 DUE TO FACE TO FACE SESSION ON OCT 21

#### **OCT 31**

#### **New Aspects of Diabesity**

How can we recognise MAFLD and what can we do about it? How can you manage obesity in general practice? Sleep apnoea and its impact on diabesity.

#### NOV 7

#### It's a Weight-y Subject

How do we manage the weight of adolescents in primary care? What are the other causes of obesity? What is involved in a metabolic obesity service?



To view previous Masterclass Series presentations, please head to the myINTERACT app or website.

#### www.westernsydneydiabetes.com.au

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